

# Child-Friendly Safeguarding Policy

## WHAT

- St John's Upper Holloway has a Safeguarding Policy for staff, families and governors.
- **This policy is designed for children.**
- We have tried to write this in a way that makes sense to you.
- It is to help you decide what could be a problem and where to get help and support.
- It is really important that you know who you can talk to and also to understand why you might need to talk to someone.

## DSL

- DSL stands for Designated Safeguarding Lead
- In every school there is always somebody who has the responsibility to keep you safe and all staff have to tell that person if they are worried about you.
- Staff have training and are taught how to keep children safe as it is the most important part of their job.
- It is the job of all the staff at St John's to keep you safe so remember you can talk to any grown up that you trust.

## DSLs AT ST JOHN'S

1 Mr Turpin

2 Ms Ross Goobey

3 Miss Merley



Is there anywhere in school you don't feel safe? If so, tell an adult so we can try and fix it.

## BULLYING

Bullying is when someone picks on someone else on lots of occasions, not just once. People who are bullying might say nasty things, do nasty things like hit someone, or make sure that someone is left out of play. It feels horrible to be bullied. If it happens to you tell someone at school so we can help you. If you see someone else being bullied, tell an adult.



## THREE TYPES

**Verbal bullying** is saying or writing mean things. Verbal bullying includes:

- Teasing
- Name-calling
- Taunting (trying to get someone to react)
- Threatening to cause harm

**Social bullying** involves hurting someone's reputation or relationships. Social bullying includes:

- Leaving someone out on purpose
- Telling other children not to be friends with someone
- Spreading rumours about someone
- Embarrassing someone in public

**Physical bullying** involves hurting a person's body or possessions. Physical bullying includes:

- Hitting/kicking/pinching
- Spitting
- Tripping/pushing
- Taking or breaking someone's things
- Making mean or rude hand gestures

## TOUCHING YOU

It is not okay for someone to touch you and make you feel uncomfortable. People who do things like this often lie and tell you things to frighten you and make sure you don't tell anyone. Tell someone at school so we can help you: it is not your fault and you will be taken care of and supported.

Has someone touched you on a part of your body like your bottom, chest or anywhere else you do not like? Has someone asked you if you want a tablet or to smoke a cigarette, or have a drink of something and you do not know what it is? You do NOT have to keep your worries a secret.

## SEEING SOMETHING BAD ONLINE

If you see something that worries you in a WhatsApp group, or YouTube, or on a website then tell a trusted adult in school. If someone is cyberbullying you, or you know about it happening to someone else, tell a trusted adult.



## THE FOUR HARM WAYS TAHT CHILDREN CAN BE HARMED:

**1. Physical Abuse** – hitting, smacking, shaking, throwing, burning, biting etc.

**2. Sexual Abuse** – be aware this doesn't always mean touching a child. It could be someone making you watch things to do with sex or encouraging you to act in an inappropriate way.

**3. Neglect** – this means things like not providing meals or warmth or clothing. Or perhaps not taking you to the doctor when you need to go. There may be lots of different reasons why a child is neglected, and it is really important that we know so we can help.

**4. Emotional Abuse** – this means when someone upsets you or makes you feel bad. If someone in your family says horrible things to you and makes you feel sad and worthless.

These are just a few examples for you: if you think you may have a problem that is like one of these then talk to someone to check.

What do you do if you are not in school?

Bad things can happen at the weekends or in the holidays.

If there is no one you can talk to, call **Childline** on **0800 1111** or go to **<https://www.childline.org.uk/>**



## GET HELP

You do **NOT** have to keep your worries a secret.

If you are upset about something that has happened to you, or you are worried about someone else, tell an adult you trust in school.

**It is our job to look after you.**



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