# St John's Upper Holloway CE Primary School 



A guide to how phonics will help your child to read and spell

At St John's we use the Letters and Sounds programme supported by Floppy Phonics. These are a fun and interactive way to support children in learning how to read and write.

The alphabet contains only 26 letters. Spoken English uses about 44 sounds (phonemes). These phonemes are represented by letters (graphemes). In other words, a sound can be represented by a letter (e.g. 's' or 'h') or a group of letters (e.g. 'th' or 'ear'). Once children begin learning sounds, they can use them to read and spell words.

This leaflet provides an overview of the teaching of letters and sounds at St John's, to help you support your child.

There are six phases of letters and sounds taught from Nursery to Year 2. Phase 1 begins in Nursery, phases 2, 3 and 4 are taught in Reception and consolidated in Year 1. Children are then taught phase 5 in Year 1 and phase 6 in Year 2.

## What do all the technical words mean?

## Phoneme

This is the smallest unit of sound. At first it will equate with a letter sound e.g. a, but later on will include the digraphs. For example 'rain' has three phonemes, /r / ai / n.

## Grapheme

A grapheme is a letter or group of letters that represent a sound (phoneme) in a word. Another way to explain it is to say that a grapheme is a letter or letters that spell a sound in a word. E.g. /ee/,/ ea/, ley/ all make the same phoneme but are spelt differently.

## Digraph

This is when two or more letters come together to make a phoneme. /oa/ makes the sound in boat.

Blending is putting the sounds together to make a word e.g. $c-a-\dagger$ is cat.

To learn to read well children must be able to smoothly blend sounds together. This helps to improve fluency when reading. Blending is more difficult to do with longer words so learning how to blend accurately from an early age is very important. You can show your child how to 'push' sounds smoothly together without stopping at each individual sound.

## Segmenting

Segmenting is a skill used in spelling. In order to spell the word cat, it is necessary to segment the word into its separate sounds; c-a-t.

Children often understand segmenting as 'stretching' out or 'roboting' a word. Before writing a word young children need time to think about it, say the word several times, 'robot' or 'stretch' the word and then write it. Once children have written the same word several times they won't need to use these four steps as much.

Children will enjoy spelling if it feels like fun and if they feel good about themselves as spellers. We need, therefore, to be playful and positive in our approach - noticing and praising what children can do as well as helping them to correct their mistakes.

## Tricky words

Tricky words are words that cannot be 'sounded-out' but need to be learned by heart. They don't fit into the usual spelling patterns. Examples of these words are attached under each phase. In order to read simple sentences, it is necessary for children to know some words that have unusual spellings. It should be noted that, when teaching these words, it is important to always start with sounds already known in the word, then focus on the 'tricky' part.

## High frequency words

High frequency words are the most common words which appear in the books young children read and that they need when they write e.g. the, it, in.

## CVC words

CVC stands for consonant- vowel- consonant, so words like: map, cat, hat are CVC. In phase 4 we talk about CCVC words such as clip and stop.

## Phase 1

Phase 1 of Letters and Sounds concentrates on developing children's speaking and listening skills and lays the foundations for the phonic work which starts in Phase 2. The emphasis during Phase 1 is to get children used to the sounds around them and ready to begin developing oral blending and segmenting skills.

## Phase 2

In Phase 2, letters and their sounds are introduced one at a time. A set of letters is taught each week, in the following sequence:
Set 1: s,a,t,p
Set 2: i,n,m,d
Set 3: g,o,c,k
Set 4: ck,e,u,r
Set 5: h, b, f, ff, I, II, ss

The children will begin to learn to blend and segment to begin reading and spelling. This will begin with simple words.

## Tricky words introduced in phase 2

| the | to | I |
| :--- | :--- | :--- |
| go | into | no |

## Phase 3

By the time they reach Phase 3, children will already be able to blend and segment words containing the 19 letters taught in Phase 2.
Over the twelve weeks which Phase 3 is expected to last, twenty-five new graphemes are introduced (one at a time).
Set 6: $j, v, w, x$
Set 7: $y, z, z z, q u$
Consonant digraphs: ch, sh, th, ng
Vowel digraphs: ai, ee, igh, oa, oo, ar, or, ur, ow, oi, ear, air, ure, er

## Tricky words introduced in phase 3

| we | me | be | was | no | go |
| :--- | :--- | :--- | :--- | :--- | :--- |
| my | you | they | her | all | are |

## Phase 4

By Phase 4 children will be able to represent each of 42 phonemes with a grapheme. They will blend phonemes to read CCVC and CVCC words and segment these words for spelling. They will also be able to read two syllable words that are simple. They will be able to read all the tricky words learnt so far and will be able to spell some of them. This phase consolidates all the children have learnt in the previous phases.

Tricky words introduced in Phase 4:

| said | so | she | he | have | like |
| :--- | :--- | :--- | :--- | :--- | :--- |
| some | come | were | there | little | one |
| they | all | are | do | when | out |
| what | my | her |  |  |  |

By this point children would be expected to be reading CVC words at speed along with the tricky words from the previous phases. It is important that children are taught that blending is only used when a word is unfamiliar.

## Phase 5

Children will be taught new graphemes and alternative pronunciations for these graphemes and graphemes they already know. They will begin to learn to choose the appropriate grapheme when spelling. The children will be automatically decoding a large number of words for reading by this point.

Tricky words introduced in Phase 5:

| oh | their | people | Mr | Mrs | looked |
| :--- | :--- | :--- | :--- | :--- | :--- |
| called | asked | water | where | who | again |
| thought | through | work | mouse | many | laughed |
| because | different | any | eyes | friends | once |
| please |  |  |  |  |  |

New graphemes for reading:

| ay day | oy boy | wh when | a-e make |
| :--- | :--- | :--- | :--- |
| ou out | ir girl | ph photo | e-e these |
| ie tie | ue blue | ew new | i-e like |
| ea eat | aw saw | oe toe | o-e home |
| au Paul | u-e rule |  |  |

During this phase children will begin reading words fluently and no longer be blending and segmenting familiar words. The real focus throughout the phase is to not only learn the new graphemes for reading but also to learn to read words with alternative pronunciations. Children also will need to learn alternative spellings for each phoneme.

## Phase 6

In phase 6 children will be reading longer and less familiar texts independently and fluently. It is crucial that at this point children are now reading to learn and reading for pleasure. Children should be able to read the 300 high frequency words. At this point it is important that comprehension strategies are developed so that children clarify meaning, ask and answer questions about the texts they are reading, construct mental images during reading and summarise what they have read. In spelling children are introduced to the adding of suffixes and how to spell longer words. Throughout the phase children are encouraged to develop strategies for learning spellings.

| Strategy | Explanation <br> Syllables <br> To learn a word by listening to how <br> many syllables there are so it can <br> be broken into smaller bits. (e.g. <br> Sep-tem-ber) <br> Base Words <br> To learn a word by finding its base <br> word. (e.g. jumping- base word <br> jump +ing <br> Mnalogy <br> To learn a word using a word that <br> is already learnt. (e.g. could, would, <br> should) <br> Homophones <br> To learn a word by making up a <br> sentence to help remember them. <br> (e.g. could - OU Lucky Duck; people <br> -people eat orange peel like <br> elephantsHomophones are words that sound <br> the same but have different <br> spellings |
| :--- | :--- |

## What can I do at home?

A great way to engage children at home with phonics is to play games. Matching pairs, snap, sorting words or letters can all be ways to help teach your children. If you have a computer at home then below is a list of websites that have fun interactive games for children to play.

The most useful website is: "Mr Thorne does phonics" which can be found at: http://mrthorne.com/ . Here you will find videos and activities which go through all of the sounds. There is also a very helpful video: Top Ten Tips for improving your child's reading at home (http://mrthorne.com/top-ten-tips-for-improving-your-childs-reading-at-home/ )

## Other useful sites

http://www.letters-and-sounds.com
http://www.phonicsplay.co.uk/
http://www.oxfordowl.co.uk/welcome/home/reading-owl/fun-ideas http://www.bbc.co.uk/bitesize/ks1/literacy/phonics/play/popup.sht ml
http://www.starfall.com/
There are also lots of free apps available for mobiles and tablets which will help your child to learn their letters and sounds.

It is important to read every day with your child for about 10 minutes.

We hope you have found this leaflet useful. Please ask your class teacher if you have further questions.



